

**Personal Information:**

SevilHakimi

Contact information: [hakimisevil@gmail.com](mailto:hakimisevil@gmail.com)

[hakimis@tbzmed.ac.ir](mailto:hakimis@tbzmed.ac.ir)

Cell phone: +98-912-603-56-72

Nationality: Iranian

Marital status: married

Academic rank: MSc , PhD , Assistant professor of reproductive health, Tabriz university of medical science, School of nursing and midwifery

**Education**

BSc degree in midwifery, Iran university of medical science, 1996

MSc degree in maternal and child health, Tabriz university of medical science, 2003

Title of thesis: effect of fenugreek seed on early menopausal symptoms

PhD degree, Shahid Beheshti University of Medical science, 2013

Title of dissertation: Physical and psychological experiences of women during the menopause: development, assessment of psychometric properties of an inventory and its application

**Translated books**

Advanced life support in obstetrics (ALSO) ,(Published)

Hold your PERM (finished)

**Teaching experiences**

Undergraduate: Normal pregnancy and delivery, High risk pregnancies, Family health, research methods, obstetrics and gynecology (in field)

Post graduate: Reproductive health, holistic midwifery, standardization of maternal cares, management in midwifery cares, advanced research methods, biostatistics

Maternal mortality course (for nursing students of Erbil University)

Obstetrics and gynecology course (for nurses of Baku University)

## Papers

1. Seiffarshad M, Koush A, Pourdolati S, Karamouz M, Farahbakhsh M, **Hakimi S\***, SadeghiBazargani H. Cardiac risk factor analysis in east Azerbaijan ,Iran. *The Cardiology*. 3(1); 2007.
2. **Hakimi S\***, Akbarpour KH, Vahidi R, Shahnazi R, JabbariBirami H, Mohammad pourasl A. Assessment of low back pain and musculoskeletal disorders (MSDs) risk factors in regards to postural behavior among teenagers, East Azerbaijan, Iran. *Research journal of Biological Science* . 3(1); 2008.
3. Kousha A, **Hakimi S\***, Soleimanzade GH, Hashemnia M, Farhadgheibi GH. Monitoring and enforcement of the salt iodization programme in Tabriz, Islamic Republic of Iran. *Eastern Mediterranean Health Journal* . 16 (5 ) May, 2010.
4. **Hakimi S\***, Seyyedin A, Mirghafurvand M. comparative study of climacteric symptoms in premenopausal and post menopausal women. *Hakimi Easter Mediterranean Health Journal*. 16 (11 ) May, 2010:1165.
5. **Hakimi S\***, Farahbakhsh M, Kousha A, Zakeri A, ValizadehKh. Women's Burden of Disease and Injuries in East Azerbaijan. *Zahedan Journal of Research in Medical Science*. 14(10), 2012:79-81.
6. Mohammad AlizadehCharandabi S, Rezaie N\*, **Hakimi S**, Montazeri A. Predictors of Health-Related Quality of Life in Postmenopausal Women: A Population-Based Study. *Journal of caring science* 1(4), 2012: 201-208.
7. Bahadori F, **Hakimi S\***, Heidarzadeh M. The trend of cesarean delivery section trend in the Islamic republic of Iran. *EMHJ*, 2013, 19, sup 3: S67-S70.
8. **Hakimi S**, Simbar M\*, Ramezani Tehran F. Perceived concern of menopausal women: a phenomenological study among Azeri population of Iran. *IRCJ* 16(5), 2014:e11771.

9. Soltani H\*, Fair F, Hakimi S. Reduction in global maternal mortality rate 1990–2012: Iran as a case example. *Midwifery*. 2014;11;009.
10. **Sevil Hakimi** , Masoumeh Simbar \*, Fahimeh Ramezani Tehran, Farid Zayeri, Shiva Khatami. Women's perspectives toward menopause: a phenomenological study in Iran. *Journal of women and aging*. 2016, 28(1).
11. Mojgan Mirghafourvand, Sakineh Mohammad-Alizadeh Charandabi, **Sevil Hakimi**, Laleh Khodaie, Mina Galeshi Effect of orange peel essential oil on postpartum sleep quality: A randomized controlled clinical trial. *EIJM*. 2015 (in list of publication)
12. Nazanin Rezaee, Sakineh Mohammad Alizadeh, **Sevil Hakimi**, Ali Montazeri. Quality of life of post menopausal women and their spouses: A community based study. *Iran Red Crescent Med J*. 2015;17(3).
13. Sakineh Mohammad Alizadeh; Nazanin Rezaee; , **Sevil Hakimi**; Shiva Khatami, Reza Valizade, Arman Azadi. Sleep disturbances and sexual function among men aged 45–75 years in an urban area of Iran. *Sleep Science*. 2016.
14. Mohammad Heidarzadeh, **Sevil Hakimi\***, Abbas Habibelahi, Marzieh Mohammadi, Shakiba Pour Asad Shahrak. Comparison of breast crawl between vaginal delivery and cesarean section. *Breast feeding Medicine* (in list of publication).

\*Correspondent Author

#### **Research proposal**

1. Comprehensive study for daily activities of elder people in Tabriz, (As a co-investigator, finished)

2. Prevalence of intestinal parasites among symptomless primary school children, Tabriz (As a co- investigator, finished)
3. Prevalence of high risk behaviors in HIV positives in Tabriz (As a co- investigator, finished)
4. Assessment of sexual dysfunction in rural menopausal women in Ilam province(As the co- investigator, finished)
5. Menopausal women lived experience : A phenomenological study. (As the principle, finished)
6. Development, psychometry and implementation of menopausal women lived experiences questionnaire. (As the principle investigator, finished)
7. Prevalence of community based kangaroo mother care and its barriers, a mix method study, (**Funded by UNICEF**, as the principle investigator, finished).
8. Translation and Psychometric validation of Women Health questionnaire (WHQ)( As the principle investigator, finished)
9. Translation and Psychometric validation of Overactive Bladder Syndrome Scale (OABSS) (As the principle investigator, Not finished)
10. Translation and Psychometric validation of Pelvic Floor Distress Inventory (PFDI-20) (As the principle investigator, Not finished)

#### **Thesis which I am their supervisor**

1. Comparison of psychological and physical experiences of women during menopause and their relation to quality of life ( as the supervisor)
2. Association between spiritual well being and healthy life style with menopause and andropause symptoms ( as the supervisor)
3. Association between weigh gain with life style and functional status 6 months after delivery ( as the supervisor)
4. Effect of prebiotics on bacterial vaginitis :a randomized blinded trial( as the supervisor)
5. Effect of vitamin C on bacterial vaginitis :a randomized blinded trial( as the supervisor)
6. Effect of Abdominal binder on pain, distress and bleeding after cesarean delivery: A randomized controlled trial

7. Prevalence and risk factors of pelvic organ prolaps in menopausal women and its effect on sexual function
8. The impact of education based on Orem self-care model on self-care behaviors, early menopausal symptoms and quality of life in postmenopausal women attending in health centers of Saghez: arandomized controlled trial.

#### **Reviewer of journals**

- Eastern Mediterranean Health Journal (EMHJ)
- Iranian Red Crescent Journal (IRCJ)
- Journal of caring science (JCS)

#### **Skills**

- Computer skills : Office, word, power point
- EndNote software
- MAX-Q- DA- 10 software
- Qualitative and quantitative researches
- Data analysis in qualitative and quantitative studies
- Mix method researches
- Van mannen phenomenology
- Factor analysis
- Instruments development and psychometric properties
- SPSS

#### **Foreign languageskills**

- English (fluent in speech, writing and reading).
- French (Competent in speech, writing and reading).
- Turkish (fluent in speech and reading, competent in writing).

#### **Research interests**

ovarian aging, scale development, neonatal health