

Curriculum Vita

Jamileh Malakouti

| Name | Surname | Date of | Nationality | Sex | Marital |
|---------|-----------|-----------|-------------|-----|---------|
| Jamileh | Malakouti | 23/8/1964 | Iranian | F | Married |

| Telephone | Fax | E-mail |
|-------------------|-------------------|-------------------------|
| (+98) 411 4772699 | (+98) 411 4796969 | malakoutij@tbzmed.ac.ir |

Educational Background: (Last One First)

| Certificate Degree | Field of Specialization | Name of Institution | Year |
|--------------------|-------------------------|---|------|
| Msc. | Midwifery | University of Wollongong, N.S.W, Australia | 1996 |
| Bsc. | Midwifery | Tabriz University of Medical Sciences, Tabriz, Iran | 1989 |

Title of Post-Graduate Thesis: Knowledge, Attitudes and practices of Iranian women towards contraception, living in Wollongong, Australia 1994-95

Teaching Experiences: (Last One First)

| Title of Course | Level | Dates | | Name of Institution |
|---|-------|-------|---------|--------------------------|
| | | From | To | |
| Philosophy & theories of midwifery | M. Sc | 2010 | Present | Faculty of Midwifery |
| Sexology & sexual disorders | M. Sc | 2010 | Present | Faculty of Midwifery |
| Women's psychology | M. Sc | 2010 | Present | Faculty of Midwifery |
| Obstetrical concepts | B. Sc | 1996 | Present | Faculty of Midwifery |
| Conducting clinical courses (birth, family planning centers, maternity, ICU, NICU, ...) | B. Sc | 1996 | Present | Alzahra Hospital, Tabriz |
| Women's reproductive health | B. Sc | 1996 | 2003 | Faculty of Midwifery |

Academic Positions: (Last One First)

| Title of Position | Field of Specialization | Date | | Name of Institution |
|-------------------|-------------------------|------|----|---------------------|
| | | From | To | |

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|----------|-----------|------|---------|---|
| Lecturer | Midwifery | 1996 | Present | Tabriz University of Medical Sciences, Faculty of Midwifery, Tabriz, Iran |
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Master Thesis Supervision:

| No. | Full Name of Student | Level | Title of Thesis |
|-----|----------------------|-------|---|
| 1 | Maleky A | | Completed. Sexual Function in Breastfeeding Women in Health Centers of Tabriz 2013 |
| 2 | Kamrany A | M. Sc | The Effect of sesame oil , sweet almond oil and combination of the both of sesame oil _ sweet almond oil on prevention of striae gravidarum: A randomized controlled clinical trial |
| 3 | Alidost Nishtman | M. Sc | Effectiveness of peer group education on Knowledge, attitude and choice of delivery mode in primyiparous referring at Boukan Health centers: A randomized controlled trial |
| 4 | Ghanbari S | M. Sc | The efficacy of combined Nepeta methodizes-Lemon balm and only Lemon balm on PMS (Premenstrual Syndrom) and quality of life among university students of dormitories: a randomized controlled trial |
| 5 | Salehy H | M. Sc | Completed. 2011 The relationship between Acid folic Consumption of pregnant women & Pre eclampsia |
| 6 | Khaky Rosatamy A | M. Sc | Sexual dysfunction , marital satisfaction and help seeking behaviors among newly married couples in Sari city, 2012-2013. |
| 7 | Nahanghi R | M. Sc | The relationship between perceived stress and health-promoting behaviors in high-risk pregnant women referring to Alzahra and Talegani Hospitals of Tabriz, 2013 |
| 8 | Mohmmadi F | M. Sc | Completed. 2012 The relationship between prenatal exercises and postnatal depression & fatigue |
| 9 | Parandeh L | M. Sc | The effect of SMS on presentational behaviors based on health belief model in Steoprosis women: a randomized controlled clinical trial |
| 10 | Freshteh Jabbari | M. Sc | Completed. 2014 The impact of the Ginkgo Biloba tablet and aromatherapy inhaler combination on sexual |
| 11 | Faridvand F | M. Sc | Completed. 2015 Social support and its Relationship with self-efficacy of breast feeding woman attending at public |
| 12 | Sabbaghan M | M. Sc | The impact of sex educational package on genital self-image and its relationship with sexual satisfaction and function in |
| 13 | Jafari L. S | M. Sc | The mental health status and its relationship with perceived social support in carers of patients treated for breast cancer at QMD Hospital in Urmia 2014 |
| 14 | Karimlo P | M. Sc | The effect of counseling on health promoting lifestyle in middle-aged women: a single-blind randomized controlled |

Publications:

A: Books

| Title | Type of Work | | Publisher | Date of Publication |
|--|-----------------------|-------------|---------------------------------------|---------------------|
| | Translation | Compilation | | |
| Models of midwifery: WHO | Translated to Persian | | Tabriz University of Medical Sciences | 2013 |
| Family planning & Contraception: WHO | Translated to Persian | | Tabriz University of Medical Sciences | 2010 |
| Midwifery practice | Translated to Persian | | Salemi | 2004 |
| Iron & folic Acid supplementation..... | Translated to Persian | | Editor | 2015 |

Papers:

| Title of Paper | Place of Publication | Date of Publication |
|--|---|---------------------|
| Effect of olive oil massage on weight gain in preterm infants: A randomized controlled clinical trial" | Nigerian Medical Journal In press | 2016 |
| The efficacy of Lemon balm (<i>Melissa officinalis</i> L) only and combined Lemon balm– <i>Nepeta menthoides</i> on premenstrual syndrome and quality of life among students: a randomized controlled trial | In press | |
| The impact of the aroma and placebo on sexual function in postmenopausal women: a randomized controlled trial | Iranian Journal of Obstetrics, Gynecology and Infertility | 2016 |
| Evaluation of The Effectiveness of Behavioral Change Strategies on Choosing Delivery Method in Nulliparous Pregnant Women | <i>Journal of Clinical Research & Governance (JCRG)</i> | 2014 |
| Comparing the results of Pap smear and direct visual Inspection (DVI) with 5% | Nigerian Medical Journal | 2015 |
| THE EVALUATING EFFECT OF EDUCATION ON KNOWLEDGE AND ATTITUDE OF NULLIPAROUS WOMEN TOWARD THE | The Journal of Uremia Nursing and Midwifery Faculty | 2014 |
| Prevalence of symptomatic HPV infection and its relevant factors among women referring to Alzahra therapeutic-educational center of Tabriz, 2013-2014. | Iranian Journal of Obstetrics, Gynecology and Infertility | 2016 |

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| Effect of sesame and sweet almond oil on the prevention of striae and itching caused by it in primiparous women: a randomized controlled trial | Iranian Journal of Obstetrics, Gynecology and Infertility | 2015 |
| Sexual Dysfunction and Help Seeking Behaviors in Newly Married Men in Sari City: a Descriptive Study [English] | International Journal of Nursing Practice | 2015 |
| Relationship between Health Promoting Lifestyle and Perceived Stress in Pregnant Women with Preeclampsia | International Journal of Nursing Practice | 2015 |
| The effect of a home-based exercise intervention on postnatal depression and fatigue: A randomized controlled trial | International Journal of Nursing Practice | 2014 |
| Continuation and Reasons of Discontinuation of LD Contraceptives among Iranian Women | Int J Women's Health & Reproduction Sci, Vol. 2 | 2014 |
| Sleep Hygiene and its Related Factors Among the Elderly in Tabriz, Iran | Int J Women's Health & Reproduction Sci, Vol. 2, No. 3 | 2014 |
| Relationship between season of conception, birth and other predictors in women with eclampsia referring to alzahraa and taleghani hospitals in Tabriz, Iran, 2007-2012 | Iranian Journal of Obstetrics, Gynecology and Infertility, Vol.16, No.75 | 2013 |
| The effect of exercise on postnatal fatigue: A controlled clinical trial | Iranian Journal of Obstetrics, Gynecology and Infertility, Vol. 16, No. 71 | 2013 |
| Sexual Function in Breastfeeding Women in Health Centers of Tabriz, Iran, 2012 | Journal of Caring Sciences, Vol. 2, No. 2 | 2013 |
| Association of the Folic acid consumption and its serum levels with Preeclampsia in pregnant women | Iranian Journal of Nursing and Midwifery Research | 2012 |
| Voltammetric determination of folic acid with a overoxidized polypyrrole film modified sol-gel carbon ceramic electrode | International Journal of Polymer Analysis and Characterization, Vol. 16, No. 7 | 2011 |

Research Interests:

Midwifery issues, Maternal & neonatal health, Sexology, birth, Pre-Eclampsia, Gestational Diabetes, STDs...

Awards, Honorary Degrees, Medals and Positions:

| Title of Award, Medal, Position | Issuing Authority | Country | Year |
|---------------------------------|---|--|------|
| Distinguished midwife | Research Chancellor of Tabriz University of Medical Sciences Tabriz, Iran | Tabriz University of Medical Sciences Tabriz, Iran, Faculty of Midwifery | 2002 |
| Distinguished midwife | Research Chancellor of Tabriz University of Medical Sciences Tabriz, Iran | Tabriz University of Medical Sciences Tabriz, Iran, Faculty of Midwifery | 2016 |

Membership to Scientific Associations:

| Name of Institution/Association | Position Held | Country | Year |
|---|--|---------|------|
| Perinatology Soc. of Alzahra Hospital, Tabriz, Iran | Conducting clinical courses (birth, family planning centers, maternity, ICU, NICU,.....) | IRAN | 2007 |
| Member of Research group of Faculty of Midwifery | Conducting Research plans | IRAN | 1989 |

Language Proficiency:

| Language | Degree of Proficiency | | | | | | | | | | | |
|----------|-----------------------|------|------|------|---------|------|------|------|----------|------|------|------|
| | Writing | | | | Reading | | | | Speaking | | | |
| | Native | Good | Fair | Poor | Native | Good | Fair | Poor | Native | Good | Fair | Poor |
| Persian | * | | | | * | | | | * | | | |
| Turkish | * | | | | * | | | | * | | | |
| English | | * | | | | * | | | | * | | |