

Curriculum Vitae

Last update:



Personal Information

First Name: Hossein

Last Name: Namdar Areshtanab

Academic degree: Professor

Department: Mental health and Psychiatric Nursing

Nationality: Iranian

Date of Birth: 1965-08-07

Place of Birth: Tabriz

Address: South Shariati Ave. nursing and midwifery faculty

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Researcher IDs

0000-0003-1440-6653

Academic Qualifications

Associate Professor: 2019

Assistant professor: 2014-2019

Lecturer: 2207-2014

Field of interests (or the major research areas)

Mental health, Quantitative and qualitative research, Mixed method research

Professional Membership: (Administrative or executive Experience ...)

- 1-Head nurse of the Department of Psychiatry, Hospital of Shadid Beheshti, Uremia university of medical sciences.1991-1993
- 2-nursing management and clinical supervisor at Imam Hossein Hospital in Hashtrood city.1993-2003
- 3-Head of the Department of Psychiatry nursing, Tabriz Faculty of Nursing and Midwifery.2003-2005
- 4-research vice, Tabriz Faculty of Nursing and Midwifery.2018-2020

Membership in scientific societies and committees

- 1- Member of the research council of Tabriz Faculty of Nursing and Midwifery.2018-
- 2- Member of the Iranian nursing council.1998-

Teaching Experience

- 1- mental health nursing(undergraduate students)
- 2-nursing in psychiatric disorders(undergraduate students)
- 3- psychopharmacology(postgraduate students)
- 4- psychiatric emergencies(postgraduate students)
- 5- Psychiatric nursing interventions for children and adolescents(postgraduate students)
- 6- Principles of counseling in psychiatric nursing(postgraduate students)
- 7-Mental disorders of the elderly and psychiatric nursing care(postgraduate students)
- 8-Nursing in substance dependence(postgraduate students)
- 9-Psychiatric disorders of adults and psychiatric nursing care(postgraduate students)
- 10-mixed Methods research and psychometric(postgraduate students)

Research Projects

- 1- The use of intuition among nurses working in the psychiatric wards of Razi Medical Education Center in Tabriz, 2022.
- 2- Clinical competence and psychological empowerment of nurses in caring for patients with Covid-19 hospitalized in medical educational centers affiliated to Tabriz University of Medical Sciences.2021.
- 3- Emotional intelligence and its relationship with academic achievement among nursing and midwifery students.
- 4- Comparison of the effects of two traditional and mastery learning methods on the communication skills of nursing students in psychiatric wards.

- 5- Mental health and its relationship with academic progress among nursing and midwifery students
- 6- Attitude of nursing students towards mental illnesses and psychiatric nursing.
- 7- Correlation between emotional intelligence and perception of job performance among nurses working at Tabriz University of Medical Sciences

Thesis (Supervisor or Advisor)

- 1- Javad Sherbafnazhad. Examining the relationship between occupational stress and social support in the nursing profession. MS Thesis. 2000. Adviser
- 2- Maryam Vahidi. The relationship between nurses' perception of the stigma of mental illness and the quality of care provided to patients in the psychiatric departments of medical training centers in the northwest of the country. MS Thesis. 2012. Advise
- 3- Mejdī Asadzadeh. Comparing the level of marital satisfaction of nurses and teachers in Tabriz city in 2011. MS Thesis. 2012. Adviser.
- 4- Fariba Mosaffa. The effect of nurses' therapeutic communication on the compliance of drug regimen of schizophrenic patients. MS Thesis. 2015. Adviser.
- 4- Soraia Gholipour. Nurses' perception of nursing competence in spiritual care of patients hospitalized in educational-medical centers of Tabriz in 2014. MS Thesis. 2015. Adviser.
- 5- Zeinab Ghasemian. The effect of group discussion on the attitude and performance of working nurses towards respecting the rights of hospitalized patients in Shahid Madani Educational-Treatment Center of Tabriz city in 2013. MS Thesis. 2015. Adviser.
- 6- Maryam Pourabbas. Comparison of the stigma of mental illness in nurses working in psychiatric and non-psychiatric departments of medical education centers in Tabriz.. MS Thesis. 2016. Adviser.
- 7- Esmail Khodadadi. Adaptation process in families of patients with MS: a grounded theory study. Ph.D. Thesis. 2019. Adviser.
- 8- Farnaz Rahmani. The process of family adaptation to a patient with severe psychiatric disorder: a grounded theory study. Ph.D. Thesis. 2019. Adviser.
- 8- Zeinab Jafanezhad. The relationship between received support and the level of stress and self-confidence of mothers of infants undergoing gastrointestinal surgery in the neonatal wards of Tabriz Children's Educational and Therapeutic Center in 2013. MS Thesis. 2018. Adviser.
- 9- Mahmood Moradi. The relationship between culture (individualism- collectivism) with stress and attachment of caregivers of veterans in Tabriz city in 2014. MS Thesis. 2017. Adviser.
- 10- Fatemeh Kord. The effect of two nurse-based and peer group-based educational methods on the stress level of mothers with children with chronic diseases: a controlled clinical trial. MS Thesis. 2018. Supervisor.

- 11- Saeid Alinazhad. The effect of reflexology on the anxiety of patients undergoing electroconvulsive therapy and its complications: a single-blind clinical trial study. MS Thesis.2018. Supervisor.
- 12- Shahram Piri. The effect of regular aerobic exercise on positive and negative symptoms and quality of life in male patients with schizophrenia. MS Thesis.2017. Supervisor.
- 13- Kobra Ravanbakhsh. The effect of the supportive-educational intervention of fathers of premature babies on the level of mother-infant attachment and parental anxiety: a clinical trial study. MS Thesis.2018. Supervisor.
- 14- Mohammad Ghahramanpour. Comparison of the effect of virtual reality and multimedia system methods on pain and anxiety caused by burn patients during dressing: a clinical trial study. MS Thesis.2017. Supervisor.
- 15- Somaie Janmohammadi. The effect of group psychological training on the internalized stigma of family caregivers of children with bipolar disorder. MS Thesis.2019. Supervisor.
- 16- Parisa Aghaie. Nurses' use of social networks and its relationship with the quality of nursing care and patient satisfaction in educational-therapeutic centers affiliated to Tabriz University of Medical Sciences in 2019. MS Thesis.2019. Supervisor.
- 17- Neda Safaeipour. Preferred learning and teaching styles of nurses in in-service educational courses of Tabriz University of Medical Sciences in 2015. MS Thesis.2017. Supervisor.
- 18- Narges Emami. The relationship between job satisfaction and the condition and reasons for forgotten care from the point of view of nurses in the neonatal intensive care units of Tabriz University of Medical Sciences 2015. MS Thesis.2018. Adviser.
- 19- Elham Amiri. Ethical sensitivity of nurses and its relationship with the quality of care and patients' satisfaction in medical education centers of Tabriz, 1995. MS Thesis.2017. Supervisor.
- 20- Sara Shamsipour. The effect of aromatherapy with spring orange on sleep quality and anxiety of female nursing students: a randomized clinical trial. MS Thesis.2017. Supervisor.
- 21- Soraya Nemati. Parents' stress and their views on pain management of newborns hospitalized in neonatal intensive care units of Tabriz medical education centers in 2015. MS Thesis.2017. Supervisor.
- 22- Firozeh safavi. Ethical reasoning of nurses and its relationship with the quality of care from the perspective of patients in hospitals affiliated to Tabriz University of Medical Sciences in 2015. MS Thesis.2018. Supervisor.
- 23- Shima Yadeghar. Dependence on smoking and its relationship with emotional intelligence and general health in male smokers of Urmia University of Medical Sciences – 2015. MS Thesis.2018. Supervisor.
- 24- Maryam Vahidi. Design and psychometrics of "safe environment in psychiatry wards" tool.2018. P.H.D Thesis.2018. Adviser.
- 25- Parinaz Omrani. The effect of emotional intelligence group training on strengthening emotional intelligence in adolescents with attention deficit hyperactivity disorder (ADHD). MS Thesis.2017. Supervisor.
- 26- Horieh Abdoalizadeh. The effect of deep breathing and blowing curls and its combination on the intensity of pain caused by venipuncture and physiological indicators in school-aged children: a randomized controlled clinical trial study. MS Thesis.2018. Supervisor.

- 27- Parviz Sadeghi. Adjustment to diabetes and its relationship with individual, social and clinical factors in type 2 diabetic patients referred to medical educational centers of Northwest Medical Sciences Universities in 2015. MS Thesis.2017. Supervisor.
- 28- Elham Hassani. Investigating the informational and psychosocial needs of patients undergoing chemotherapy referred to Imam Reza (AS) Tabriz Medical Education Center in 2015. . MS Thesis.2018. Supervisor.
- 29- Samira Hamidi. Internalized stigma and its relationship with hope, self-esteem, self-efficacy, and adherence to outpatient treatment for patients with severe mental disorders in Razi Hospital, Tabriz in 2016. MS Thesis.2019. Supervisor.
- 30- Fariba Vasei. Domestic violence and its relationship with the stigma of domestic violence and emotional intelligence in married women who referred to health in Marand city in 1996-97. MS Thesis.2019. Supervisor.
- 31- Rana Rezvani. Moral intelligence and resilience in nursing students and working nurses in Tabriz University of Medical Sciences in 2016. MS Thesis.2019. Supervisor.
- 32- Nasrin Taghizadeh. Mothers' perception of nurses' communication skills and its relationship with children's nurses' caring behaviors in Tabriz Children's Education and Treatment Center in 2018. MS Thesis.2019. Advisor.
- 33- Mina Mostafavi. Caregiving Burden of mothers and its relationship with parenting style and severity of the disorder in children with attention deficit hyperactivity disorder referred to psychiatric clinics of Tabriz University of Medical Sciences. MS Thesis.2020. Supervisor.
- 34- Zeinabeh Saedi. Emotional ataxia and its relationship with job burnout, personality factors and shift work in nurses working in educational-therapeutic centers of Tabriz city in 2016. MS Thesis.2020. Supervisor.
- 35- Zeinab Karimpour. The relationship between mental health and health-enhancing lifestyle of nursing students of Tabriz University of Medical Sciences in 2016. MS Thesis.2020. Supervisor.
- 36- Nasrin Mohammadi. The effect of educational intervention based on family empowerment on mental health and health-promoting behaviors of elderly women: a randomized controlled clinical trial. MS Thesis.2019. Advisor.
- 37- Laleh Gharaie. Ostracism in the work environment and its determining factors in nurses working in medical centers of Tabriz in 2016. MS Thesis.2019. Supervisor.
- 38- Tahereh Javadi. Happiness and its relationship with job burnout and job performance of nurses in medical training centers of Tabriz city in 2017. MS Thesis.2019. Advisor.
- 39- Samera Hamidi. Internalized stigma and its relationship with hope, self-esteem, self-efficacy and adherence to outpatient treatment for patients with severe mental disorders in Razi Hospital, Tabriz in 2016. MS Thesis.2019. Supervisor.
- 40- Jamal Ham-Morad. The use of virtual social networks and its relationship with emotional intelligence and academic progress in nursing students of Tabriz University of Medical Sciences in 2017. MS Thesis.2018. Supervisor.
- 41- Fatemeh Fatollahpour. Internet gaming disorder and its relationship with behavioral disorder in fifth and sixth grade primary school students and parenting styles (their parents) in Tabriz (academic year 1997-98). MS Thesis.2019. Supervisor. MS Thesis.2021. Advisor.
- 42- Zahra Molazemi. The relationship between emotional intelligence and stress and breastfeeding self-efficacy in mothers of premature babies admitted to the neonatal intensive care unit of medical training centers affiliated to Tabriz University of Medical Sciences in 2019. MS Thesis.2021. Advisor.
- 43- Zahra Shahmoradifar. The effect of effective communication-based care on childbirth experience and satisfaction of primiparous women: an intervention study.
- 44- Robab Mohammadoghli. Professional growth in nurses of medical education centers of Tabriz University of Medical Sciences. MS Thesis.2019. Advisor.

- 45- Rihaneh Sifi. Mental health and its relationship with the ability of the elderly referring to the health centers of Tabriz city in 2017. MS Thesis.2020. Advisor.
- 46- Arezo Ghavi. Development and evaluation of a family support guideline in resuscitation in pediatric wards: a sequential mixed study. PHD Thesis.2022. Advisor.
- 47- Rohgaieh Alipour. Workload and its correlation with health anxiety in nurses working in psychiatric departments of Razi educational and therapeutic center in Tabriz. MS Thesis.2022. Supervisor.
- 48-

Training Course (Participant or Speaker)

Honors and awards

International journal editors or reviewers

Presentation in seminars, conferences and congresses (Oral or Poster)

- 1-Psychological Aspects of Transplant Surgery. Annual Congress of the Iranian Society of Surgeons.
- 2-Delirium in patients hospitalized in the Intensive Care Unit. The 14th International Heart Congress.
- 3-Understanding the normal and abnormal sexual behaviors in toddlers. The s16th children's International Congress
- 4-Treatment of childhood obesity based on the psycho-social strategies model. The s16th children's International Congress
- 5-Barriers to accepting drug regimens in hypertensive patients. The 14th International Heart Congress.
- 6- Emotional relief methods for children when faced with disasters. International Congress of Crisis management
- 7- Sexual development of children under 6 years and the role of family sexual culture. seminar of sexual position
- 8- Adjustment methods of children with leukemia and the role of spirituality in it. Oncology conference
- 9- Osteoporosis in men. The first international seminar on the prevention, diagnosis, and treatment of osteoporosis

- 10- Changes in the lifestyle of communities and their impact on the prevalence of osteoporosis. The first international seminar on the prevention, diagnosis, and treatment of osteoporosis
- 11- Activities during the course as part of the final evaluation of students. The 2nd congress on the new foundations nursing education.
- 12 -Effective factors in non-acceptance of medication regimen of schizophrenic patients at home. National home care conference
- 13-investigating the situation of abuse with elderly people living in families in Tabriz city. National elderly care conference
- 14- The level of achievement of the objectives of the Bachelor's degree education. Research festival of supplementary education
- 15- Job burnout among nurses working in intensive care units affiliated with educational and medical centers of Mashhad University of Medical Sciences. Research festival of supplementary education.
- 16- The effect of regular aerobic exercise on positive and negative symptoms in schizophrenic male patients admitted to Tabriz Psychiatry educational center. The first national conference of new researches in psychology, educational sciences, and counseling
- 17- The effect of regular aerobic exercise on the motivation and energy of schizophrenic male patients Admitted to Tabriz Psychiatry Training Center. The first national conference of new researches in psychology, educational sciences, and counseling

Published Articles

- 1- Mahnaz Zali, Azad Rahmani, Hadi Hassankhani, Hossein Namdar-Areshtanab, Neda Gilani, Arman Azadi and Mansour Ghafourifard. Critical care nurses' experiences of caring challenges during post-resuscitation period: a qualitative content analysis. BMC Nursing .2024.
- 2- Hossein Namdar-Areshtanab and et.al. Global, regional, and national burden of disorders affecting the nervous system, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. The Lancet Neurology.
- 3- Hossein Namdar Areshtanab, Maryam Vahidi, Mina Hosseinzadeh, Zahra Khani. Developing the questionnaire of general population knowledge, attitudes and practices towards the COVID-19 outbreak. Nursing Open.2024.
- 4- Sima Yavari, Maryam Vahidi, Hossein Namdar Areshtanab, Mojgan Lotfi, Aarefeh Jafarzadeh Kohneloo. The perceived informational needs of family caregivers of children hospitalized in a burn department: A cross-sectional study. Journal of Burn Care & Research.2024.
- 5- Mahnaz Zali, Azad Rahmani, Kelly Powers, Hadi Hassankhani, Hossein Namdar-Areshtanab, Neda Gilani. Nursing core competencies for postresuscitation care in Iran: a qualitative study. BMJ.2024.

- 6- Zahra Molazemi & Hossein Namdar Areshtanab Mohammad Arshadi Bostanabad, Mina Hosseinzadeh. Emotional intelligence and stress and their relationship with breastfeeding self-efficacy in mothers of premature infants. BMC Women's Health.2024.
- 7- Mahnaz Zali, Azad Rahmani, Hadi Hassankhani, Hossein Namdar-Areshtanab, Neda Gilani, Arman Azadi, Mansour Ghafourifard. Critical care nurses' experiences of caring challenges during post-resuscitation period: a conventional content analysis.BMC Nursing .2024.
- 8- Mahnaz Zali, Azad Rahmani, Kelly Powers, Hadi Hassankhani, Hossein Namdar-Areshtanab, Neda Gilani, Abbas Dadashzadeh. Nurses’ Perceptions towards Resuscitated Patients: A Qualitative Study. OMEGA-Journal of Death and Dying.2023.
- 9- Roghayeh Alipour, Leila Golizadeh, Mohammad Arshadi Bostanabad, Maryam Vahidi, Mina Hosseinzadeh, Hossein Namdar Areshtanab, Hedi Asadpour. Health anxiety and its association with perceived subjective workload in psychiatric nurses during the COVID-19 outbreak: a correlational study. Annals of Medicine and Surgery.2023.
- 10- Leila Valizadeh, Vahid Zamanzadeh, Hossein Namdar Areshtanab, Marziyeh Avazeh, Nasib Babaei. Stress management protocol for nurses working in the COVID-19 wards.Heliyon.2023.
- 11- Mahnaz Zali, Azad Rahmani, Kelly Powers, Hadi Hassankhani, Hossein Namdar-Areshtanab, Neda Gilani. Nurses’ experiences of ethical and legal issues in post-resuscitation care: a qualitative content analysis. Nursing ethics.2023.
- 12- Maryam Vahidi, Hossein Namdar Areshtanab, Hossein Ebrahimi, Mohammad Asghari Jafarabadi. Development of “The Safe Psychiatric Ward Battery”. Clinical nursing research.2023.
- 13- Neda Gilani. Mahnaz Zali, Azad Rahmani, Kelly Powers, Hadi Hassankhani,Hossein Namdar-Areshtanab. Nurses' experiences of provision family-centred care in the postresuscitation period: A qualitative study. Nursin Open.2023.
- 14- Hossein Namdar Areshtanab Leila Norouzi Panahi, Maryam Modarres. Problems between parents and adolescents’ relationships: a qualitative study. Journal of psychiatric nursing.2023.
- 15- Hossein Namdar Areshtanab Samira Hamidi, Hossein Ebrahimi, Maryam Vahidi. Internalized Stigma and its Association with Hope, Self-Esteem, Self-Efficacy, and Treatment Adherence among Outpatients with Severe Mental Illness: A Cross-Sectional Survey. Iranian Journal of Nursing and Midwifery Research.2023.
- 16- Maryam Modarres, Leila Norouzi Panahi, Hossein Namdar Areshtanab, Seyedeh Tahereh Mirmolaei. Facilitators of interactive problems between parents and adolescents: A qualitative study. Journal of psychiatric nursing.2022.
- 17- ShamoradifarZ, Asghari-Jafarabadi M, Nourizadeh R, Mehrabi E , namdar areshtanab H.The impact of effective communication-based care on the childbirth experience and satisfaction among primiparous women: an experimental study Journal of the Egyptian Public Health Association.2022.
- 18- Ghavi A, Hassankhani H, Powers K, Arshadi-Bostanabad M, namdar areshtanab H. Parents’ and healthcare professionals’ experiences and perceptions of parental readiness for resuscitation in Iranian pediatric hospitals: a qualitative study. BMJ open.2022.

- 19- Parisa Aghaei, Hossein Ebrahimi, Hossein Namdar Areshtanab, Mohammad Arshadi, Hossein Ranjbar. The satisfaction of hospitalized patients with the quality of nursing care in the internal departments of medical education centers of Tabriz University of Medical Sciences. JOURNAL OF TORBAT HEYDARIYEH UNIVERSITY OF MEDICAL SCIENCES. 2022.
- 20- Mohammad Arshadi Bostanabad, Hossein Namdar Areshtanab, Reza Shabanloei .Clinical Competency and Psychological Empowerment among ICU Nurses Caring for COVID-19 Patients: A Cross-Sectional Survey. Jjournal of nursing management.2022.
- 21- Arezoo Ghavi, Hadi Hassankhani, Kelly Powers, Mohammad Arshadi-Bostanabad, Hossein Namdar Areshtanab. Parental support needs during pediatric resuscitation: A systematic review. International Emergency .2022
- 22- Hossein namdar Areshtanab, Hossein Ebrahimi, Mina Hosseinzadeh, Reihaneh Seifi Saray. Ability of older adults to recognize cognitive changes and its relationship with mental health: a cross-sectional study. BMC Geriatrics 2022.
- 23- Hossein Namdar Areshtanab, Rana Rezvani, Hossein Ebrahimi, Mohammad Arshad. Moral intelligence and its relationship to resilience among nursing students in Iran. Journal of psychiatric nursing .2022.
- 24- Namdar Areshtanab H, Fathollahpour F, arshadi M, Ebrahimi H, Internet gaming disorder and its relationship with behavioral disorder and mother's parenting styles in primary school students according to gender in Iran. BMC psychology.2021
- 25- Hossein Namdar Areshtanab, Hossein Karimi Moonaghi, Maryam Vahidi, Leila Jouibari. Shocked to Happy: Experiences of Iranian Diabetics in Reaction to the Bad News of the Diagnosis. ACTA FACULTATIS MEDICAE NAISSSENSIS.2021
- 26- Jamal Hamah-morad, Ali Mostafazadeh, Hossein Namdar Areshtanab, Hossein ebrahimi. The use of virtual social networks and the relationship to emotional intelligence among nursing students. Journal of psychiatric nursing 2021.
- 27- Jamal Hame-Morad, Hossein Namdar-Areshtanab, Hossein Ebrahimi, mohammad arshadi. Assessing the virtual social networks usage among nursing students: A cross-sectional descriptive study. Iranian Journal of Nursing and Midwifery Research 2021
- 28- Saeed Alinejad Machiani , Hossein Namdar Areshtanab , Hossein Ebrahimi, sakineh goljani. The Effect of Foot Reflexology on Amnesia in Patients Undergoing Electroconvulsive Therapy: A Randomized Clinical Trial. journal of caring sciences.2021
- 29- Namdar Areshtanab H, Ebrahim Hi, Abdi M, Mohammadian R, Piri S. The effect of aerobic exercise on the quality of life of male patients who suffer from chronic schizophrenia: Double-blind, randomized control trial. Iranian Journal of Psychiatry and Behavioral Sciences .2021.
- 30- Sharif TJ, Hosseinzadeh M, Mahdavi N, Namdar Areshtanab H, Dickens GL. Happiness and its Relationship with Job Burnout in Nurses of Educational Hospitals in Tabriz, Iran. International Journal of Community Based Nursing and Midwifery.2020

- 31- Yadegar Tirandaz SH, Sahebihagh MH, Namdar Areshtanab H. Nicotine dependency and its relationship with emotional intelligence among male smoker employees. *Journal of Research and Health*. 2020.
- 32- someia NM, Atri Barzajeh SH, Namdar Areshtanab H, Salehi-Pourmehr H . Effectiveness of education based on family-centered empowerment model on health-promoting behaviors and some metabolic biomarkers in elderly women: A stratified randomized. *Journal of Education and Health Promotion*.2020.
- 33- Hasan Gharaei, Laleh, Ebrahimi H., Namdar Areshtanab H., Soheili M. Workplace Ostracism in Nurses and Its Determining Factors .*Research and Theory for Nursing Practice* .2020.
- 34- Mina Mostafav , Hossein Namdar Areshtanab , Hossein Ebrahimi , Maryam Vahidi..Caregiver burden and related factors in Iranian mothers of children with attention-deficit hyperactivity disorder. *Nursing and Midwifery studies*. 2020.
- 35- Elham Amiri , Hossein Ebrahimi , Hossein Namdar Areshtanab , Maryam Vahidi. The Relationship between Nurses' Moral Sensitivity and Patients' Satisfaction with the Care Received in the Medical Wards. *Jornal of Caring Sciences*. 2020.
- 36- Zainabeh Saeidi, Hossein Ebrahimi, Hossein Namdar Areshtanab, Faranak jabarzadeh. Alexithymia and its relationships with job burnout, personality traits, and shift work among hospital nurses: A cross-sectional study. *Nursing and Midwifery Studies*.2020.
- 37- Sahebi Hagh MH., Namdar Areshtanab H., Jafarizadeh H., Asghari M. NICOTINE DEPENDENCE AND ITS RELATIONSHIP WITH GENERAL HEALTH AMONG MALE EMPLOYEES AT URMIA UNIVERSITY OF MEDICAL SCIENCES, 2018.*Nursing And Midwifery Journal*. 2019
- 38- Amiri E, Ebrahimi H, Vahidi M, Asghari Jafarabadi M,namdar areshtab H . Relationship between nurses' moral sensitivity and the quality of care.*Nursing ethics*. 2019.
- 39- Arshadi Bostanabad M, Alizadeh S, Namdar Areshtanab H, Nemat H. The Viewpoint of Mothers on Pain Management in Neonatal Intensive Care Units.*Journal of Client-Centered Nursing Care*. 2019.
- 40- Vahidi M, Ebrahimi H, Namdar Areshtanab H, MAsghari Jafarabadi M, West S, Foong A. Providing a safe environment in a psychiatric ward: Nurses and vigilance in Iran.*Issues in mental health nursing* .2019.
- 41- Mayam Vahidi,Hossein Ebrahimi, Hossein Namdar Areshtenab,Mohammad Asghari Jafarabadi. Anaccident-free environment:Perceptions of patientsand employees toward the features of a safe physical environment in psychiatric wards *Hayat*. 2019.
- 42- Vahidi M, Zamanzadeh V, musavi S, Janani R, namdar Areshtanab H.Validation of the Persian version of the internet gaming disorder-20 Test among the students of Tabriz University of Medical Sciences. *JOURNAL OF TORBAT HEYDARIYEH UNIVERSITY OF MEDICAL SCIENCES* .2019.
- 43- Shima Yadegar Tirandaz, Mohammad Hasan Sahebihagh , Hossein namdar areshtanab. Relationship with Emotional Intelligence and General Health among Male Smoker Staff in Urmia University of Medical Sciences.*J Caring Sci*. 2019.

- 44- Parviz Sadeghi, Hossein Namdar Areshtanab, Rasoul Zarrin, Hossein Ebrahimi. Adjustment and Its Association with Demographic and Clinical Factors among Iranian Population with Type 2 Diabetes Mellitus: The First Native Diabetes Adjustment Assessment Scale. *Acta Facultatis Medicae Naissensis*. 2019.
- 45- Neda Safaeifard, Hossein Namdar Areshtanab, Hossein Karimi Moonaghi, Fariborz Roshangar. Preferred Learning Styles of Nurses in In-Service Training Courses in Tabriz University of Medical Sciences. *Acta Facultatis Medicae Naissensis*.2019.
- 46- Elham Hasani, Hossein Namdar Areshtanab. The Informational, Psychological and Social Needs of Patients Undergoing Chemotherapy, Visiting Imam Reza Teaching Hospital, Tabriz, in 2016.*Acta Facultatis Medicae Naissensis*.2019.
- 47- F Vaseai, H Namdar Areshtanab, H Ebrahimi, M Arshadi BOSTANABAD. Prevalence and predictability of domestic violence against Iranian women.*Cukurova Medical Journal*.2019.
- 48- Hossein namdar Areshtanab, Mahmoud Moradi, Hossein Ebrahimi The Relationship between Individualism – Collectivism with Stress among the Veterans’ Caregivers in the City of Tabriz in 2015.*Iranian journal of rehabilitation research in nursing*.2019.
- 49- Zeinab Habibpour, Hosein Mahmoudi, Masoud Sirati.Hossein Namdar Areshtanab. NirResilience and its predictors among the parents of children with cancer: A descriptive-correlational study.*Indian journal of paliative care* .2019.
- 50- Vahidi M, Ebrahimi H, Namdar Areshtanab H, Asghari Jafarabadi M, Lees D, Foong A. Therapeutic relationships and safety of care in Iranian psychiatric inpatient units. *Issues in Mental Health Nursing*.2018.
- 51- Hossein Namdar Areshtanab, Hossein Karimi Moonaghi, Leila Jouybari vahid Zamanzadeh. Hossein Ebrahimi.Adapting life to the reality of diabetes.*Eastern Mediterranean Health Journal*. 2018.
- 52- Hossein Namdar Areshtanab, Sareh Shamsipour , Mohammad Hassan Sahebihagh , Hossein Ebrahimi. The Effect of Aromatherapy with Citrus Aurantium on Sleep Quality among Nursing Students: A Randomized Clinical Trial.*ACTA Facultatis Medicae Naissensis*..2018.
- 53- H Abdolalizadehorcid, H Namdar Arshatnab, R Janani, MA Bostanabad.Comparing the Effect of Two Methods of Distraction on the Pain Intensity Venipuncture in School-age Children: A Randomized Clinical Trial.*international journal of pediatrics* .2018.
- 54- F Safavi, H Ebrahimi, H Namdar Areshtanab, E Khodadadi, M Fooladi. Relationship between Demographic Characteristics and Ethical Reasoning of Nurses Working in Medical Wards.*Journal of Clinical & Diagnostic Research*.2018.
- 55- F Rahmani, H Ebrahimi, N Seyedfatemi, H Namdar Areshtanab, Trapped like a butterfly in a spider's web: Experiences of female spousal caregivers in the care of husbands with severe mental illness.*Journal of clinical nursing*. 2018.
- 56- Mahnaz Jabraeili, Mohammad Arshadi, Hossein Namdar Areshtanab, Morteza Ghojzadeh. Correlation of perceived nursing support with stress and self-confidence among the mothers of infants with congenital gastrointestinal anomalies.*Nursing and Midwifery Studies*. 2018.

- 57- Farnaz Rahmani, Ebrahimi, H., Seyedfatemi, N., Namdar Areshtanab, H., Whitehead, B. Barriers to Family Caregivers' Coping With Patients With Severe Mental Illness in Iran. *Qualitative Health Research*. 2018.
- 58- Mohammad mojalli Hossein Ranjbar, Abbas Heydari, Robab latif. hossein namdar areshtanab. Quantitative content analysis of published nursing-midwifery articles in Iranian medical journals. *Journal of Torbat Heydariyeh University of Medical Sciences*. 2018.
- 59- M Arshadi Bostanabad, H Namdar Areshtanab, M Balila, M Asghari Jafarabadi Effect of a supportive-training intervention on mother-infant attachment. *Iranian Journal of Pediatrics*. 2017.
- 60- Hossein Namdar Areshtanab, Hossein Ranjbar, Mohammad Mojalli. Job Burnout among Nurses Working in ICUs affiliated to the educational and therapeutic centers of Mashhad University of Medical Sciences. *Journal of Health Chimes* .2017.
- 61- Hossein Ebrahimi , Hossein Namdar Areshtanab , Mohammad Asghari Jafarabadi . Health Care Providers' Perception of Their Competence in Providing Spiritual Care for Patients. *Indian Journal of Palliative Care*. 2017.
- 62- Elham Amiri , Hossein Ebrahimi, Maryam Vahidi, Mohamad Asghari Jafarabadi, Hossein Namdar Areshtanab. Moral sensitivity and its relationship with demographic and professional characteristics of nurses working in medical wards of hospitals affiliated to Tabriz University of medical Sciences. *journal of Hayat*. 2017.
- 63- Maliheh Asadollahi, Hussein Namdar Areshtanab, Afsaneh Arzani , Sorayya Khafri. Comparing the Effect of Nurse-led and Peer-led Training on Stress of Mothers of Children with Chronic Diseases. *nursing and midwifery studies*. 2017.
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